KILLER LEGS.

Varicose veins and leg pain are MORE than just a cosmetic problem.

USA Vein Clinics has successfully treated thousand of patients with our minimally invasive, non- surgical technique. It's quick, painless and in most cases is covered up to 100% by Medicare and other insurances. **DON'T PUT THIS OFF**. Call USA Vein Clinics today...and instead of legs that could kill you, get legs that are to die for.

NEW DOWNTOWN MANHATTAN LOCATIONS NOW OPEN

(917) 717-5135

USA Vein Clinics
www.USAVeinClinics.com

New York

1153 First Ave • Manhattan, NY 10065
NEW 122 Fulton St, 5th Floor, New York, NY
2511 Ocean Ave, Ste 102 • Brooklyn, NY 11229
2444 86th St, Ste A • Bensonhurst, NY 11214
116-02 Queens Blvd • Forest Hills, NY 11375
1975 Hylan Blvd • Staten Island, NY 10306
NEW 260 W Sunrise Hwy, Ste 102
Valley Stream, NY 11581

NEW 59-20 Myrtle Ave. Ridgewood, NY 11385
NEW 30-33 Steinway Astoria, NY 11103
NEW 4159 Broadway • Washington Heights, NY 10040
NEW 39-07 Bell Blvd • Bayside, NY 11361
NEW 5221 Broadway Bronx, NY 10463

New Jersey

766 Shrewsbury Ave, Ste 300 • Tinton Falls, NJ 07724
NEW 81 Route 37 West Tom River, NJ 08755
COMING SOON 1600 Perrineville Road Monroe, NJ 08831

Which of these legs may have varicose veins?

Answer= All of the Above!

AS SEEN ON:

UNIVISION TELEMUNDO NBC CBS FOX

Have you had prior vein treatment and are not satisfied with the results?

When it comes to your health, trust your legs only to the top vascular specialists! The Professional staff at USA Vein Clinics includes board certified vascular and cardiac surgeons who are Harvard and Stanford graduates. The nation's only coast to coast vein clinic with more than 35 offices across the country, USA Vein Clinics has been voted the #1 Vein Clinic multiple times.

(917) 717-5135

USA Vein Clinics

www.USAVeinClinics.com

New York

1153 First Ave • Manhattan, NY 10065
NEW 122 Fulton St, 5th Floor, New York, NY
2511 Ocean Ave, Ste 102 • Brooklyn, NY 11229
2444 86th St, Ste A • Bensonhurst, NY 11214
116-02 Queens Blvd • Forest Hills, NY 11375
1975 Hylan Blvd • Staten Island, NY 10306
NEW 260 W Sunrise Hwy, Ste 102
Valley Stream, NY 11581

NEW 59-20 Myrtle Ave. Ridgewood, NY 11385
NEW 30-33 Steinway Astoria, NY 11103
NEW 4159 Broadway • Washington Heights, NY 10040
NEW 39-07 Bell Blvd • Bayside, NY 11361
NEW 5221 Broadway Bronx, NY 10463

New Jersey

766 Shrewsbury Ave, Ste 300 • Tinton Falls, NJ 07724
NEW 81 Route 37 West Tom River, NJ 08755
COMING SOON 1600 Perrineville Road Monroe, NJ 08831

metro
NEW YORK CITY NO. 1 FREE DAILY IN THE US
Tuesday, April 26, 2016 metro.us | t: MetroNewYork | f: MetroNewYork

A SOUR NOTE IN 'LEMONADE'

Beyonce's army picks the wrong target. 15

How Prince's fashions changed pop stardom. 16

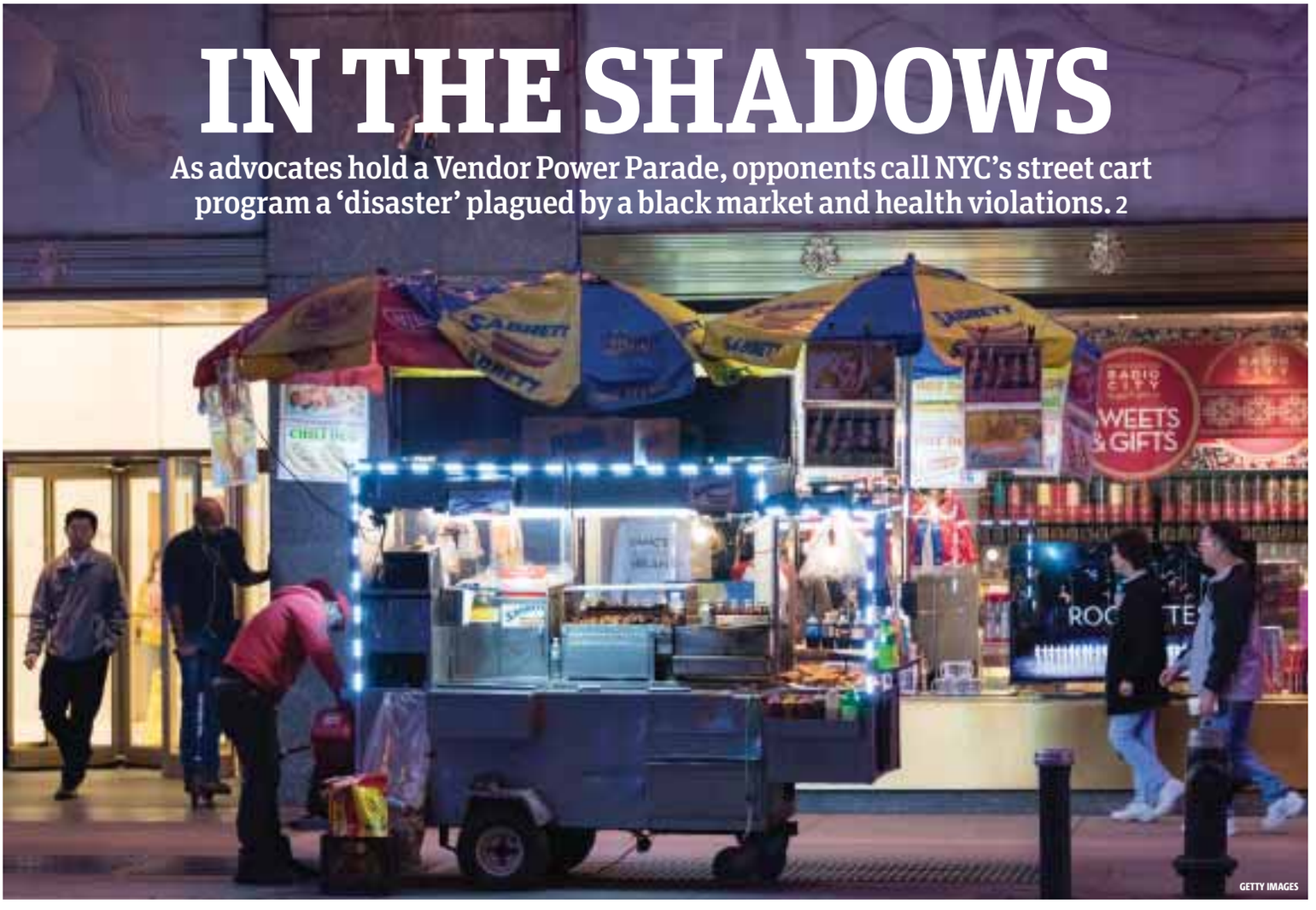
Team mock draft for the Jets. 21

Invisalign
NOW there's no reason NOT to have straight teeth

Awarded Top Dentist & Elite Provider of Invisalign 10 Years in a Row
Dentists that completed more cases sucessfully then anyone in NYC
$99 per month
Invisalign Treatment*
(w/ 0% financing)
Call 212-683-2530
www.manhattandentalspa.com

IN THE SHADOWS

As advocates hold a Vendor Power Parade, opponents call NYC's street cart program a 'disaster' plagued by a black market and health violations. 2



GETTY IMAGES

Got Drugs?
Visit www.dea.gov or call 800-882-9539 for a collection site near you.
Turn in your unused or expired medication for safe disposal
Saturday, April 30th
10 a.m. – 2 p.m.

3 THINGS YOU NEED TO KNOW

OBAMA RAMPS UP SPECIAL FORCES MISSION IN SYRIA AGAINST ISIS

President Barack Obama announced on Monday the biggest expansion of U.S. ground troops in Syria since the civil war there began, saying he would dispatch 250 special forces soldiers to help local militia to build on successes against Islamic State. The new deployment increases U.S. forces in Syria six-fold to about 300. While the total U.S. ground force is still small by comparison to other American deployments, defense experts said it could help shift the momentum in Syria by giving more Syrian fighters on the ground access to U.S. close air support. Obama said the move followed victories that clawed back territory from Islamic State. REUTERS

CLEVELAND TO PAY $6M TO SETTLE POLICE KILLING OF TAMIR RICE

2 Cleveland officials have agreed to pay $6 million to settle a lawsuit filed by the family of Tamir Rice, a 12-year-old black boy who was shot dead by a white police officer in 2014, according to documents filed in federal court on Monday. The city admitted no wrongdoing in the shooting and Rice's family agreed to drop the complaint against two officers, including the one who shot the boy, U.S. District Judge Dan Aaron Polster, who mediated the settlement, said in the documents. Rice was shot in a local park by Timothy Loehmann after he and another white officer, Frank Garmback, responded to reports of a suspect with a gun. An investigation revealed that Rice, who died a day after the shooting, had been seen holding a replica gun that shoots plastic pellets. The shooting was one of several that have fueled scrutiny of police use of deadly force, particularly against minorities. REUTERS

CRITICS OF TRANSGENDER LAW DELIVER PETITIONS SEEKING REPEAL

3 Opponents of a North Carolina law that restricts bathroom choices for transgender people said they have nearly 180,000 signatures on petitions demanding its repeal as lawmakers return on Monday for a legislative session receiving national scrutiny. The law's critics said North Carolina's reputation and economy have taken a major hit in the past month after it became the first state to require transgender people to use public restrooms that match the sex on their birth certificate rather than their gender identity. REUTERS

A street vendor hands out fried dumplings. MILES DIXON

Voices rise against lifting cap on permits for city street vendors

According to Dan Biederman, president of the 34th Street Partnership, he believes New York City has the "worst collection" of food carts.

ANGY ALTAMIRANO
@MetroNewYork
letters@metro.us

As street vendors from across the city get ready to celebrate their work and call for changes to be made, some local organizations are voicing their opposition to what they call a "disaster" program.

The Street Vendor Project is holding a Vendor Power Parade on Tuesday outside of 250 Broadway where vendors will get together to celebrate the diversity of the group but also raise their voices against the criminalization of vendors.

And although for years street carts have been a way for immigrants to strive toward the American dream, for others, their businesses have created a quality-of-life issue.

Dan Biederman, president of the 34th Street Partnership, believes the city should not lift the cap of the permits but should actually change the way the vendor program is handled across the five boroughs.

"We think the current program is a complete and utter disaster," Biederman said. "Not only on its own but compared to what other cities are doing."

Since 1981, New York City has put a cap on the number of vendor permits allowed with a total of 3,000 permits issued to food carts and trucks year-round and 1,000 seasonal, reported the New York Daily News. As a result, many vendors now pay up to $25,000 to rent permits off a black market from those previously granted permits for a certain number of years.

> *"We think the current program is a complete and utter disaster."*
> Biederman

On Tuesday, advocates will call for the lifting of the cap on vendor licenses and permits, along with giving those already on the street permits and changing laws that would end their alienation.

But Biederman defended a need for reform, pointing to: the large sizes of carts; "horrendous" appearances; limiting space for pedestrians on streets; too many carts in one location; poor sanitary practices; competition with local brick-and-mortar stores; littering; pollution; noisy generators or dangerous cooking tanks; and loud music being played out of radios or boomboxes.

"New York City has the worst collection of ugly and poorly run food carts in any city in the country," he said. "Why in the world would you triple the size of this terrible program that none of the cities in the top 10 have?"

Biederman said he believes the city should bid the permits and licenses out to prospective vendors — like the Parks Department does with vendors on its properties.

He believes that this would get rid of the "middle man," which is the black market, and help bring in an organization that could regulate carts while also give them a "bit of discipline."

"Having the discipline that there are some carts that are clean would upgrade the others," Biederman said. "It's been a race to the bottom so far."

Andrew Rigie, executive director of NYC Hospitality Alliance, also believes that lifting the cap of permits would not solve anything. The street vendors and the brick-and-mortars, he said, should get together and find a middle ground.

"Most everyone on both sides agree that the current system is broken," Rigie said, adding that lifting the cap would allow there to be a "free for all."

"I think by analyzing and working together to fix the system, the brick-and-mortar and street vendors will be able to live together."

But for Elise Goldin, senior organizer for the Street Vendor Project, one of the main things to consider when seeing opposition to their movement is who is on the opposing side.

"The folks that we are talking about are majority immigrant workers and veteran workers that are making a living working really hard on the street," Goldin said, adding that the majority of the vendors want to get a permit the right way.

"I think in terms of bad sanitary practices and littering, it's also really important to say from our perspective we aren't advocating chaos on the street," she said. "A lot of what we do here is train the vendors on what the laws are and how are they supposed to act. People really want to follow the laws."

Spring is here and Summer is around the corner...
Time for a sunny bright smile

Our Ivy League dentists were voted **ONE OF THE BEST** dentist in NYC!! Call now to take advantage of **ONE OF THE LOWEST PRICES** for **DENTAL IMPLANTS** until the end of April!

Home of 2 inventors

1. Inventor of the DentalVibe Injection Comfort System
2. Inventor of the Snap On Smile

Snap-On Smile is excellent for:

- Missing teeth • Gaps, crooked or strained teeth
- Those who are not candidates for bridges or implants
- Anyone who would like a Hollywood smile without the expense and discomfort of complex and invasive dental procedures
- Anyone who has an old-fashioned removable partial denture and wants a beautiful, more comfortable alternative

NEW PATIENT **OFFER**

Exam, Cleaning, and X-rays for **$99**

- State Of The Art Cosmetic, General & Restorative Dentistry
- Invisalign 2015 Preferred Provider - Free Consultation
- Implants • Root Canals • Periodontal Treatments
- Crowns & Veneers • Teeth Whitening
- Emergency Same Day Dental Treatment

Extended Special from our Ivy League trained Dentists Special Whitening Pen **$59** (regularly $299)

FREE CONSULTATION
with DA VINCI Smile. Preview Imaging Software!

CALL NOW FOR SPECIAL RATES

MANHATTAN DENTAL ARTS COSMETIC, GENERAL & RESTORATIVE DENTISTRY

1995 Broadway, Suite 200 New York, NY 10023
Visit us online at www.manhattandentalarts.com

212-957-6453 (SMILE)

Report: NYC millennials earn less than previous generation

The analysis shows that millennials are going to college at a growing rate but are entering a not-so-great job market.

ANGY ALTAMIRANO
@MetroNewYork
letters@metro.us

New York City is looking to make sure its young people can thrive ahead after one recent report found that they are instead being held back and facing the hardest economy in the last 30 years.

City Comptroller Scott Stringer released a report Monday night detailing how millennials — which are defined as those born between 1985 and 1996 — got into a workforce during the toughest economy since the Great Depression and have seen large financial setbacks because of it.

The report found that millennials earn about 20 percent less than the generation before them and are also finding jobs in low-wage industries, which have been suffering from declining wages.

"Millennials were applying for jobs in the most difficult economic climate since the Great Depression and, as a result, a growing number are now working in low-wage industries and earning less than their predecessors," Stringer said. "This group of young people is confronting unique economic challenges that their parents did not have to face. Every generation is expected to do better than the last, but too many millennials are not getting a fair chance to make it in New York City."

According to the analysis, the population of young people in the city grew by 9 percent between 2000 and 2014 and are currently making up 19 percent of the city's population.

More degrees, fewer good jobs

The report shows that millennials are going to college at a growing rate, with 72 percent of all 23-to-29-year-olds living in the city having earned some college credit. However, once they enter the work force they are met with an unimpressive job market.

Between 2000 and 2014, the number of workers who were employed in low-wage industries — which include retail, food service and hospitality — went up by four percentage points. During the same time period, those working in mid- and high-wage industries declined by three percentage points.

Due to the decrease of good-paying jobs, the report found, millennials earned about 20 percent less in 2014 than those who entered the job market during the 1990s.

Job industries which are hiring the most young people are also seeing a large decline in wages, For example, the hospitality/food service and retail industry has given 91,000 of new jobs for young people but have seen wages go down by 16 percent from 2000 to 2014.

"This generation is at a crossroads. They worked hard, got an education and then faced roadblocks to getting a good-paying job. It's time for us to pay attention to the largest generation in New York City, and start to break down those barriers," Stringer said. "We need to foster an economy here that helps young people get ahead, not one that holds them back."

The report, however, did find that a larger share of millennials — increasing from 39 percent in 2007 to 41 percent in 2014 — are moving out of their parents' homes and are living on their own.

Fewer working

The comptroller's report also discovered that although a lot of millennials in the city are working these low-paying jobs, some are not working at all — while many deal with high student debt.

According to the data, one in 10 young people in the city are considered "idle," meaning they are not in school, not working or caring for a child, even though the rate went up since 2000. And, across the city, young people owe about $14 billion in student debt.

Proposals

Stringer concluded his analysis by giving recommendations to local and state government officials to "promote opportunity for young people." The proposals include raising the minimum wage, supporting efforts to keep public universities affordable and reducing the issue of student debt. He also suggests creating more affordable housing and also adopting new ways to approach criminal justice and rehabilitation to help those young people with criminal records.

"Millennials are doing their part for New York City — they are politically involved, culturally engaged and highly motivated," said Stringer. "This generation is overcoming setbacks and changing the way we work, live and communicate. Now it's time for the rest of us to do our part and put policies in place that will help this powerful group settle down in New York City, start their careers and raise families here, so our economy can continue to grow."

19%
NINETEEN PERCENT OF NYC'S POPULATION IS COMPRISED OF MILLENNIALS

20%
MILLENNIALS EARN ABOUT 20% LESS THAN THOSE WHO STARTED THEIR CAREERS IN THE 1990S

"This generation is at a crossroads. They worked hard, got an education and then faced roadblocks to getting a good-paying job."
Stringer

ISTOCK

INDUSTRIES IN WHICH MILLENNIALS WORK

LOW WAGE

47%
IN 2014, UP FROM 43% IN 2000

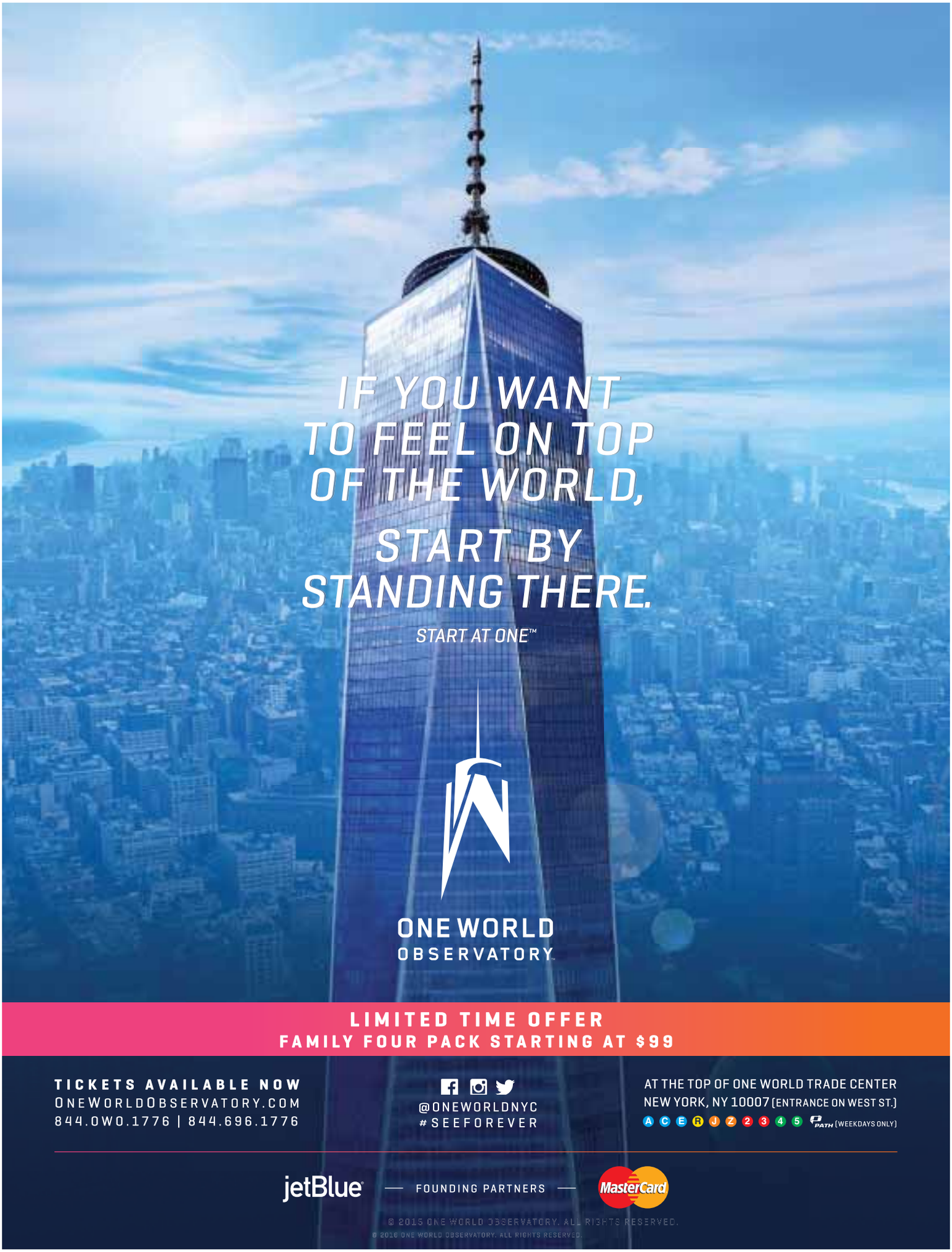
MID WAGE

21%
IN 2014, UP FROM 24% IN 2000

HIGH WAGE

16%
IN 2014, UP FROM 19% IN 2000

SOURCE: COMPTROLLERS OFFICE


IF YOU WANT
TO FEEL ON TOP
OF THE WORLD,
START BY
STANDING THERE.
START AT ONE™
ONE WORLD
OBSERVATORY
LIMITED TIME OFFER
FAMILY FOUR PACK STARTING AT $99
TICKETS AVAILABLE NOW
ONEWORLDOBSERVATORY.COM
844.OWO.1776 | 844.696.1776
@ONEWORLDNYC
#SEEFOREVER
AT THE TOP OF ONE WORLD TRADE CENTER
NEW YORK, NY 10007 (ENTRANCE ON WEST ST.)
A C E R J Z 2 3 4 5 PATH (WEEKDAYS ONLY)
jetBlue — FOUNDING PARTNERS — MasterCard
© 2015 ONE WORLD OBSERVATORY. ALL RIGHTS RESERVED.
© 2016 ONE WORLD OBSERVATORY. ALL RIGHTS RESERVED.

De Blasio proposes election reforms after NYC primary voting problems

The mayor's announcement came after a memo alleging fundraising wrongdoing was released.

JASON NUCKOLLS
@MetroNewYork
letters@metro.us

After widespread reports of voter disenfranchisement during last Tuesday's New York primary, Mayor de Blasio proposed reforming the city's Board of Elections on Monday.

Mayor de Blasio announced that $20 million would be made available to fund reforms concerning future elections in the city, the mayor's office reported, adding that the proposed reforms covered a variety of election issues from hiring outside consultants to improving email communication with voters.

"The Board of Elections is an outdated organization in dire need of modernization — and we need to make these changes now," the mayor was quoted in the statement. "We cannot allow a single voter to be disenfranchised because of the Board of Elections' outdated operations."

The mayor's office proposals included hiring a consultant to analyze the April 19 primary, developing a panel of election experts and increasing poll workers' training and salaries.

"These common-sense reforms will bring much-needed transparency, modernize practices and help ensure we do not experience an election day like last week's again," de Blasio was quoted in the statement from his office.

The proposed reforms also included ways to directly reach voters, including sending email and text notifications, creating absentee ballot tracking, adding poll site signage and hiring a logistics specialist to address Election Day issues, the mayor's office stated.

The mayor's reform announcement came as his administration was responding to a memo from Board of Elections Chief Enforcement Officer Risa Sugarman alleging potential fundraising wrongdoing during de Blasio's most recent campaign to become mayor, according to the New York Daily News.

In her memo, Sugarman alleged that de Blasio's camp would solicit donations to local committees that would, in turn, quickly transfer those donations to individual candidates, the Daily News added.

"We want to get everything out. … But from my vantage point, everything was done legally and appropriately," de Blasio was quoted by ABC7, talking about the allegations against his office.

De Blasio GETTY IMAGES

"The Board of Elections is an outdated organization in dire need of modernization — and we need to make these changes now."

De Blasio

NOW is the time
to take care of YOUR BODY!
Varicose Veins
Leg Ulcers
Spider Veins
Pain/Burning
Restlessness
Heaviness
Swelling
Itching
Fatigue
Cramping
Frustrated with previous treatments, services and poor results?
Trust the doctor that cares about you!
Personal & discrete care delivered directly Ronald Lev, MD
Certified by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology
No downtime
15 minute minimally invasive procedures
Consistently ranked #1 Vein Doctor in NYC by our patients
Tired of long diets, juice cleanses & lotions?
Smart Lipo Laser Body Countouring
GET RID OF...
Body Fat
Sagging Arms
Double Chin
Cellulite & more
ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN
TreatmentsOfManhattan.com
212.204.6501
111 John St, Ste 1450 (Bet Cliff & Pearl St), New York, NY 10038
EVENING APPOINTMENTS AVAILABLE!
¡Hablamos Español!
Most Vein Treatments Covered by Major Health Insurances including Medicare

www.metro.us

WCFF

AN UNLIKELY FRIENDSHIP

(An original screenplay)

FADE IN.

1 EXT. BEACH - DAY 1

RONALD, a young man, walks along the beach. He finds a puffin lying in the sand.

NARRATOR (V.O.)
One day, while walking on the beach, Ronald found a young puffin covered in oil. He took the bird home, gave him a shady spot to rest, and named him Daddario.

TIME LAPSE, 3 MONTHS LATER

NARRATOR (V.O.)
After Daddario healed, Ronald took him out to the sea and set him free.

TIME LAPSE, 6 MONTHS LATER

2 EXT. BEACH - DAY 2

We see a lonely Ronald preparing his bait bag at home.

NARRATOR (V.O.)
Half a year later, Ronald heard a croaking sound coming from his backyard. As he came out, he had to rub his eyes to make sure he wasn't seeing things. He saw Daddario waiting for him with his tiny little fins wide open, looking like he wanted a hug.

3 FADE OUT. FADE IN. EXT. BEACH - DAY 3

We see Ronald squatting in front of Daddario as the puffin caresses the young man's face with his beak.

NARRATOR (V.O.)
Ronald and Daddario spent the following months together. They'd go for walks on the sand, as if they understood each other completely, until Daddario left again to be with his kin.

TIME LAPSE - 3 YEARS FORWARD

4 EXT. BEACH - DAY 4

We see Ronald coming out of the house and again being surprised by another visit from Daddario.

NARRATOR (V.O.) (cont'd)
It's been almost four years since they met. Sometimes Daddario goes away for weeks, even months, but he always comes back to spend some time with Ronald. The bird won't let anyone else get close to him, bathe him or feed him. Marine biologists say Daddario sees Ronald as a big puffin. And all the other fishermen say Ronald sees Daddario as his closest friend.

CUT TO BLACK.

THE END

NO ONE WRITES STORIES BETTER THAN NATURE.

Come watch them at the Wildlife Conservation Film Festival.
Find out more at www.wcff.org

Great Rate *and* a Bonus on Each 1-Year Anniversary -- with Your Choice of *Passbook* or *Statement* Savings!

BONUS Savings Account
0.75% APY*
$25,000 minimum to earn stated rate

PLUS

BONUS**
0.25%
On each 1-year anniversary of account opening

Visit one of our conveniently located branches today!

Apple Bank
Established 1863 · Member FDIC

www.applebank.com • 914-902-2775

*For the Apple Bank BONUS Savings account, interest earned on daily balances of $2,500 or more at these tiers: $2,500-$24,999: .10% Annual Percentage Yield (APY), $25,000 and up: .75% APY. There is no interest paid on balances of $0-$2,499. APYs disclosed effective as of March 29, 2016. APYs may be changed at any time at the Bank's discretion. There is a minimum of $2,500 required to open the Apple Bank BONUS Savings account. $2,500 minimum daily balance is required to avoid $10 monthly maintenance fee. Fees may reduce earnings. Funds used to open this account cannot be from an existing Apple Bank account. Maximum deposit amount is $1,000,000 per household. **Special bonus feature: A .25% simple interest rate bonus will be paid on each anniversary date of account opening on the lowest balance for that year (anniversary date to anniversary date). No bonus is paid if the account balance is less than $2,500 on the anniversary date. Additional deposits during a given anniversary period do not affect the bonus interest payment. Deposits made to the account on any anniversary date will be used to calculate the lowest account balance for the next anniversary period. The bonus interest is calculated on the lowest balance on deposit from one anniversary date to the next anniversary date. Simple interest rate bonus is subject to change at any time after first anniversary date of account opening. **Hypothetical example of how bonus works:** Assume an account is opened on January 12, 2016 for $50,000. A $10,000 withdrawal is made on July 12, 2016. No other withdrawals are made prior to the January 12, 2017 anniversary date. The low balance is now $40,000, so $100 in bonus interest will be paid on January 12, 2017.

Video shows suspect wanted in attempted rape in LES elevator

When the elevator reached the victim's floor, the man allegedly began to grope her and pushed her against the wall.

ANGY ALTAMIRANO
@MetroNewYork
letters@metro.us

Police are trying to identify a man they say tried to rape a woman inside the elevator of her Manhattan apartment building Saturday afternoon.

On April 23 at about 3:20 p.m. the 24-year-old victim entered the elevator to her building located near Stanton and Pitt streets when the suspect followed her inside, authorities said.

Surveillance of the suspect NYPD

When the elevator reached the victim's floor, the man allegedly began to grope her as the door opened and pushed her against the wall before fondling her, police said. The man then followed her to her apartment but then ran away when a man inside came to the door.

Got info?

Anyone with information in regards to this incident is asked to call the NYPD's Crime Stoppers Hotline at 1-800-577-TIPS (8477) or for Spanish, 1-888-57-PISTA (74782).

Or, submit tips on the Crime Stoppers website or by texting 274637 (CRIMES) then entering TIP577.

Authorities describe the suspect as a light skinned Hispanic man who is between 16 and 20 years old, 5 feet 2 inches to 5 feet 4 inches tall, and 130 pounds.

Police have released surveillance video of the suspect inside the elevator.

Feet Hurt? Bunions? Hammertoes? Heel Pain?

Platelet Rich Plasma Therapy (PRP)

A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight– they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly – sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

Relief For Chronic Heel Pain

Now Featuring genesisplus™
New FDA Laser Treatment For Nail Fungus, Scars & Warts

CUTERA

New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of *The New York Times*

If any of these apply to you... Call today.

Patient is responsible for co-pays & deductibles

most insurance plans accepted complete family foot care laser surgery available

The Most Advanced Techniques Used For Bunions & Hammertoe Correction

Downtown location	Midtown location	
65 Broadway Suite 1103 Financial District NYC, NY 10006 212-486-7333	121 E. 60th St. New York City, NY 212-486-7333 **Paul Drucker DPM** **Jordan Drucker DPM**	235 East 22nd Street (between 2nd and 3rd Ave) 1 212-486-7333 184 east 70th st 212-772-3500

NYPD: Elderly man killed during Bronx elevator fight

A 74-year-old Bronx man lost his life Sunday afternoon after he allegedly got into a fight with one of his neighbors over an elevator.

On April 24 at about 3:08 p.m. police responded to a 911 call of a man assaulted at 2824 University Ave., according to police. Upon arriving, officers found Felix Rodriguez unconscious and unresponsive lying on the floor of the elevator inside the building.

Emergency personnel took Rodriguez to Allen Pavilion Hospital where he was pronounced dead.

According to the New York Daily News, Rodriguez had fought over holding an elevator door open with his neighbor 57-year-old Joaquin Feliciano. It wasn't clear who had been holding the door open but police said the elderly man got angry and punched Feliciano.

The building in which the incident occurred GOOGLE MAPS

Feliciano then fought back, the Daily News reported. The 57-year-old later allegedly told police "I f—d him up."

Police arrested Feliciano early Monday morning and have charged him with manslaughter, authorities said.

ANGY ALTAMIRANO

Painful Varicose Veins & Swollen Legs?

Varicose veins are more than a cosmetic problem. They may lead to complications such as Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE), both of which claim up to 300,000 lives a year in the United States.

DO YOU SUFFER FROM

- ☑ Varicose Veins
- ☑ Spider Veins
- ☑ Itching and Burning
- ☑ Leg Pain and Cramps
- ☑ Heaviness and Swelling
- ☑ Skin Discoloration
- ☑ Ulcers and Blood Clots
- ☑ Difficulty Walking Long Distances

You may have a condition called venous insufficiency, which left untreated can lead to serious health complications. Our non-surgical, minimally invasive and painless endovenous procedure only takes 15 minutes.

Have you had prior vein treatment and are not satisfied with the results? USA Vein Clinics can help!

When it comes to your health, trust your legs only to the top vascular specialists at USA Vein Clinics.

Medicare and most insurances accepted! ***Call us today to schedule your appointment***

(917) 717-5135

www.USAVeinClinics.com

NEW DOWNTOWN MANHATTAN LOCATIONS NOW OPEN

USA Vein Clinics

New York

1153 First Ave • Manhattan, NY 10065
NEW 122 Fulton St, 5th Floor, New York, NY
2511 Ocean Ave, Ste 102 • Brooklyn, NY 11229
2444 86th St, Ste A • Bensonhurst, NY 11214
116-02 Queens Blvd • Forest Hills, NY 11375
1975 Hylan Blvd • Staten Island, NY 10306
NEW 260 W Sunrise Hwy, Ste 102
Valley Stream, NY 11581
NEW 59-20 Myrtle Ave. Ridgewood, NY 11385
NEW 30-33 Steinway Astoria, NY 11103
NEW 4159 Broadway • Washington Heights, NY 10040
NEW 39-07 Bell Blvd • Bayside, NY 11361
NEW 5221 Broadway Bronx, NY 10463

New Jersey

766 Shrewsbury Ave, Ste 300 • Tinton Falls, NJ 07724
NEW 81 Route 37 West Tom River, NJ 08755
COMING SOON 1600 Perrineville Road Monroe, NJ 08831

Time Warner Cable | ENJOY BETTER

TIME WARNER CABLE IS HIRING DIRECT SALES REPRESENTATIVES

Time Warner Cable is currently seeking Direct Sales Representatives and Territory Sales Representatives for our Sales Department. You will promote Time Warner Cable products and services including, but not limited to, Digital Video, High Speed Internet, Home Security and Digital Phone. This position allows unlimited earning potential based on sales performance. (i.e., the more you sell the more you make)!

- Base salary plus an aggressive commission structure
- Uncapped commissions and no "charge backs"
- Ability to service referrals and grow your business • Paid training
- Monthly gas allowance, business cell phone and iPad provided as well as Time Warner Cable logo shirts/jackets.
- Deeply discounted Time Warner Cable services for employees who reside in a Time Warner Cable service area

Send emails of interest to: Christina.Drakeford@twcable.com
Use link to apply: jobs.timewarnercable.com
Direct Sales Openings: 175597BR (C.Point), 175602BR (Woodside), 175215BR (Brooklyn), 175012BR (Staten Island)
Territory Sales Openings: 172728 (Southern), 173322 (Northern), 174504 (Woodside)

Time Warner Cable is Proud to be an Equal Opportunity Employer and Drug Free Workplace

Cosby appeal tossed, sexual assault case to move forward

Cosby's appeal of a lower court's ruling that he was not protected from sexual assault charges was dismissed.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Disgraced entertainer Bill Cosby had an appeal that was holding up his case tossed on Monday, meaning the case will advance toward trial.

Cosby had appealed Montgomery County Judge Steven T. O'Neill's ruling that no "nonprosecution agreement" between Cosby's lawyers and former Montgomery County District Attorney Bruce Castor protected Cosby from prosecution for the alleged sexual assault of former Temple University employee Andrea Constand.

The Superior Court dismissed that claim, the Inquirer reported, just as O'Neill did, after finding no legal record of Castor's alleged agreement with Cosby's former lawyer Wally Phillips, now deceased.

"We are gratified that the court came to the same conclusion," said Montgomery County DA Kevin Steele in a statement. "We can now hold a preliminary hearing. We are ready for that hearing look forward to the court setting a date so we can present our case."

Constand was allegedly involved in a nonconsensual sexual encounter with Cosby in his Elkins Park mansion in 2004. She reported it to police a year later, but then-DA Castor did not prosecute Cosby.

Cosby GETTY IMAGES

Current Montco DA Steele charged Cosby with involuntary sexual assault in December, just days before the statute of limitations ran out.

Cosby's case can now move forward toward a preliminary hearing.

TAKE CHARGE OF YOUR FINANCIAL FUTURE WITH THE EXPERTS

Financial Planning Day @ SIBL

Friday, April 29, 2016 | 10 AM–5 PM

Science, Industry and Business Library (SIBL)
The New York Public LIbrary
188 Madison Avenue @ 34th street

FREE COUNSELING: FINANCIAL, CREDIT CRISIS & MEDICARE
- 30-minute one-on-one sessions with Certified Financial Planners and other experts

FREE CLASSES
- Investing
- Medicare
- Home Buying
- Budgeting
- Jobs
- Wills & Life Planning
- Social Security & Retirement

FREE DATABASE DEMONSTRATIONS
- Bloomberg
- Career Cruising
- Morningstar Library Edition
- Mergent Online

FREE FINANCIAL FAIR
- Consumer Financial Protection Bureau
- Financial Industry Regulatory Authority
- Securities and Exchange Commission
- Social Security Administration
- U.S. Department of Labor
- U.S. Small Business Administration
- NYC Department of Housing

To learn more:
917-ASK-NYPL (917-275-6975)
nypl.org/fpd

Advance registration is not required, but seating is on a first come, first seated basis.

Made possible by the generous support of McGraw Hill Financial and the Financial Planning Association of New York

McGRAW HILL FINANCIAL Essential Intelligence

New York Public Library

Gay-rights activist killed in Bangladesh in suspected Islamist attack

A Bangladeshi police official stands in front of an apartment in Dhaka where a leading gay-rights activist was allegedly hacked to death. GETTY IMAGES

Suspected Islamist militants hacked to death a leading gay-rights activist and a friend in an apartment in the Bangladeshi capital Monday, police said.

The killings took place two days after a university professor was slain in similar fashion Saturday in an attack claimed by the Islamic State.

Five or six assailants went to the apartment of Xulhaz Mannan, 35, an editor of Bangladesh's first magazine for gay, bisexual and transgender people, "Rupban," and attacked him and a friend with sharp weapons, Dhaka city police spokesman Maruf Hossain Sordar said.

They entered the apartment disguised as couriers, he said, quoting witnesses.

They also wounded a security guard. Witnesses said the attackers shouted "Allahu Akbar (God is greatest)" as they fled the scene.

Mannan previously worked at the U.S. Embassy in Dhaka. U.S. Ambassador Marcia Bernicat condemned the killings.

"We abhor this senseless act of violence and urge the government of Bangladesh in the strongest terms to apprehend the criminals behind these murders," she said.

Other attacks took place in the country Monday but it was not immediately clear whether those assaults were carried out by Islamist militants.

Two men on motorcycle shot dead a former prison guard in front of Kashimpur jail on outskirts Dhaka, said Khandakar Rezaul Hasan, chief of the local police station.

REUTERS

Advertisement

Healthy and beautiful hair

HAIR CARE IN A TABLET

Hair Volume™ is a best-selling Scandinavian supplement, designed to nourish your hair follicles with vital nutrients. Try Hair Volume today or check the rave reviews it is getting online.

- ✓ SUPPORTS HEALTHY HAIR
- ✓ CONTAINS APPLE EXTRACT WITH PROCYANIDIN B2
- ✓ CONTAINS BIOTIN AND MILLET
- ✓ IS EASY TO USE – JUST ONE TABLET A DAY
- ✓ HIGH SATISFACTION RANKING*

YOUR HAIR TABLET

Hair Volume™ is a Swedish best-selling supplement which contains apple extract with a naturally derived ingredient called procyanidin B2. One tablet a day is all you need as part of your daily beauty routine.

Now available at participating pharmacies, health retailers and online.
For more info or to buy directly, please call 1-877-696-6734

SAVE - $5 OFF - PROMO CODE: MNYC2016 www.newnordicusa.com

Walgreens

CVS/pharmacy GNC LIVE WELL. NEW NORDIC ONLINE SHOP newnordicusa.com

amazon.com meijer Lewis drugstore.com

theVitamin Shoppe HARMON FACE VALUES DUANE reade At select: BED BATH & BEYOND

*Source: www.amazon.com as of 1.1.2016. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Always read the label and follow the instructions prior to use.

QUALITY DENTURES AND DENTAL IMPLANTS THE SAME DAY

$100 off each NEW denture! Exp: 5/15/16

There is no Substitute for Experience or Personalized Dental Care!

- Full Service Cosmetic Dentistry
- Dental Implants
- Crown and Bridge
- Repairs and Relines While-U-Wait
- Senior Citizen Discounts

www.heraldsquaredental.com

*$495 OFF ONE DENTAL IMPLANT
Offer good through 5/15/16
*One per patient - post and crown additional

HERALD SQUARE DENTAL & THE DENTURE CENTER EST. 1977

Smile with Confidence!
CALL NOW
212.689.0024

Leaders in Implant Dentistry! - Est. 1977

Free Consultation • Most Insurance Welcome

224 W 35th St. New York, NY 16th Fl., Btwn 7th & 8th Avenues
Cannot be combined with other offers

RACE FOR THE WHITE HOUSE

Trump assails Republican rivals' alliance as 'pathetic'

To derail Trump, Cruz and Kasich agreed to concentrate their efforts and resources in state contests where each has a better shot.

Republican presidential candidate Donald Trump GETTY IMAGES

Facing a potential wipeout in presidential nominating contests on Tuesday, Republicans Ted Cruz and John Kasich teamed up against Donald Trump, setting off a barrage of new attacks from the front-runner who denounced them as desperate, weak and pathetic.

Trump told a cheering crowd in Warwick, Rhode Island, on Monday that he was happy about the partnership. "It shows how weak they are. It shows how pathetic they are."

Cruz, a senator from Texas and Trump's closest challenger, said the move was aimed at preventing a Trump nomination that would assure victory for Democrat Hillary Clinton in the Nov. 8 presidential election.

The Cruz-Kasich deal was announced on Sunday before a handful of primary elections in several mid-Atlantic states. It is the latest unusual move in what has been a topsy-turvy Republican presidential race in which early favorites fell to political outsider Trump, whose unexpected rise has left establishment Republicans grappling with a new order.

"It's another exciting day in Republican politics," said Republican National Committee spokesman Sean Spicer on MSNBC.

Cruz will focus on Indiana's May 3 primary without competition from Kasich, while Cruz will stand aside in favor of Kasich in Oregon's May 17 primary and New Mexico's June 7 vote.

Trump, the New York billionaire who often talks about being the consummate dealmaker, said his rivals had committed "a horrible act of desperation" by colluding in those states.

"You know, if you collude in business or if you collude in the stock market, they put you in jail," Trump said in Warwick. "But in politics — because it's a rigged system, because it's a corrupt enterprise — in politics, you're allowed to collude."

The move is unique in modern presidential politics and signaled panic after Trump's sweeping victory in the New York primary last week, said Larry Sabato, director of the University of Virginia's Center for Politics. REUTERS

Varicose Spider Veins or Leg Pain?

Vein problems are not just a cosmetic issue. There are solutions that are covered by most insurance providers.

Free Vein Screening

May 4th, 2016
5pm-7pm

Call Today To Register!

646-660-9999

New York
Cardiovascular Associates
275 7th Ave., 3rd Flr.,
New York, NY 10001

NYCVA
NEW YORK CARDIOVASCULAR ASSOCIATES

Time For A Career Upgrade?

For 75 years, NYCI has helped thousands of men and women launch successful careers.

- Court Reporting
- Paralegal
- Healthcare Management
- Medical Billing and Coding

Summer Term begins May 9th

OPEN HOUSE
Wed., April 27th 11am & 5:30pm
Saturday, April 30th 11am

NYCI established 1941 NEW YORK CAREER INSTITUTE

- Day, Evening & Sat. Classes
- Degree & Certificate Programs
- Transfer Credits Accepted
- VA Approved

The College of Legal & Medical Professions.

Call 212•962•0002 | www.nyci.edu

11 Park Place, NYC Located near City Hall and convenient to reach by: 1 2 3 4 5 6 A C E J Z R

SPRING SPECIAL

$595* Implant

*Must be completed at our office to qualify for promotional fees

Complete tooth replacement with post and crown

$1295*

OFFER EXPIRES
5/13/2016

*All work must be completed at Right Choice Dental Implant Center to qualify for promotional fee of $1295 for Complete Tooth Replacement. Limit 3 implants per patient. Full payment due upon commencement of treatment.

Right Choice Dental Implant Center

Invisalign® Special Complete Case
Only $3999

Manhattan Location
50 Broadway Suite 2001
New York, NY 10004

2 Convenient Locations

Speak with your Smile Today!

Long Island Location
601 Franklin Ave Suite 100
Garden City, NY 11530

FREE CONSULTATION

REPLACE MISSING TEETH PERMANENTLY

Must bring this ad on your first visit.

646-791-8075

www.Rightchoicedentalimplantcenter.com

CALL **Se Habla Español** Mention you saw us in Metro Newspaper **TODAY!**

LinkedIn's new app helps students jumpstart their careers

Looking for the perfect postgraduation gig? There's an app for that.

ALIZAH SALARIO
@Alirosa
alizah.salario@metro.us

There are currently 40 million students on LinkedIn. ISTOCK

Recent and soon-to-be college grads looking for their first professional gig now have another incentive to check out LinkedIn.

On April 18, the online professional network launched LinkedIn Students, an app that connects students and college grads with potential jobs and alumni contacts. The app uses an algorithm based on students' major, university and graduation date.

"Looking for a job is a very daunting process, so we wanted to help students better leverage LinkedIn and do everything in bite-sized chunks. Their one question [for LinkedIn] is, 'How can they help me transition into become a professional?'" says LinkedIn product manager Ada Yu.

The app was the company's response to this query. Students are the site's fastest-growing demographic; there are currently 40 million of them on LinkedIn. Age limits for joining the network vary around the world; in the U.S. the minimum age is 14, when students typically enter high school.

To create the app, LinkedIn studied Snapchat, Tinder and even exercise apps to better understand how students interact with their phones, explains Yu. They looked at how the "gamification of achievement" influences smartphone usage, which led the company to create an app that presents information about potential jobs in small, easily digestable pieces.

Those using the app can refine their search by adding location, desired industry and other specifics about their dream job. But the app's strength, suggests Yu, is that it gives students the opportunity to chart the unexpected career paths of professionals who have similar educational backgrounds.

"Just because you're going to be a psychology major doesn't mean you're going to be a psychologist," says Yu.

LinkedIn also offers e-book guidelines that can help students reach out to potential contacts. The app works, says Yu, because the chances of students connecting with an alum who works in the same field are "much higher than if they were to cold call."

LinkedIn Students is just one of many apps on the market that caters to students and recent graduates seeking jobs. Apps like Switch, JobSnap and Jobr that mirror Tinder's nimble swipe style allow job seekers to connect directly with employers.

The LinkedIn app is currently available for Apple and Android in the U.S.; the company hopes to make it available internationally soon.

Now, get to building those networks.

The City College of New York
SPEND YOUR SUMMER AT CITY!
REGISTER NOW! CCNY.CUNY.EDU/REGISTRAR/SUMMER
KEEP AHEAD OF THE COURSE LOAD AND BEAT THE HEAT.

the word

NED EHRBAR
letters@metro.us

Beyonce fans go after the wrong Rachael

ALL PHOTOS GETTY IMAGES

Oh, Beyhive. Sometimes in your haste to right wrongs and correct injustices, you move too quickly and innocent people end up getting hurt. Case in point? Rachael Ray, the unfortunately named domestic diva caught in the crossfire in Beyonce's fans' war with designer Rachel Roy — or, you know, "Becky with the good hair." Allegedly. Word quickly spread that Roy was quite possibly the other woman causing so much of the strife that inspired "Lemonade," and so Beyonce's army marched on — only some of them went after Ray instead. "Oh, I loved hot chicken fajitas but I will never make them again after what you did you did to the Queen," one fan posted on one of Ray's photos. "Never watchin ur show again Rachel u r a homewrecker," wrote another. But come on, people, wasn't the spelling of "Rachael" enough of a clue? Obviously not.

Let it go, Kanye

Good news! Kanye West is apparently now available for weddings. No word on bar mitzvahs, though, but I'm sure he's willing to negotiate. At club owner Dave Grutman's wedding this weekend, West made light of one of his most famous moments with a clearly staged bit, stepping in and interrupting magazine publisher Jason Binn's speech by grabbing the mic and declaring, "Jason, I'mma let you finish, but Dave and Isabela had one of the best weddings of all time." Get it? It's funny because it's just like his Taylor Swift VMA's interruption from FIVE YEARS AGO. Good to know that both West and Swift are committed to never letting us forget about that one.

Ellen Pompeo doesn't miss Patrick Dempsey

I guess it's been long enough since Patrick Dempsey's unceremonious exit from "Grey's Anatomy" that we can all laugh about it — especially given all the gossip about his character being killed off because he was just too difficult to work with. "Everybody thought because Patrick was leaving that it wouldn't do well, but it's doing very well," star Ellen Pompeo tells Ellen DeGeneres about how the long-running series is holding up. "It's amazing how much you get done without a penis." Oh. Oh my. Ma'am, you certainly have a way with words. Dempsey's ears — or something — must be burning right now.

Justin Bieber may be deposed once more

We all know Justin Bieber is no fan of grueling depositions, but it looks like he might have another one coming his way, at least according to Radar Online. The Biebs seems set to sit down and answer some tough questions in an ongoing $10 million lawsuit by musician Devin Copeland over whether he and mentor Usher stole material for the hit track "Somebody to Love." Radar has obtained documents showing that the Canadian pop star himself must appear in court in Virginia Beach this Friday. "After listening to the Copeland song and the Bieber and Usher songs as wholes, we conclude that their choruses are similar enough and also significant enough that a reasonable jury could find the songs intrinsically similar," the documents read. Hope he didn't have other plans for this weekend.

Purple reign

Why Prince was the king of fashion.

RAQUEL LANERI
@RaquelLaneri
raquel.laneri@metro.us

As a child, seeing a photo of Prince for the first time was admittedly kind of scary. A man with a faint mustache and defiant stare, wearing a shrunken, studded military-style jacket, a bandana and ... nothing much more. It was a tantalizing, curious combination — dangerously sexy.

The photo — the cover to one of his early New Wave-meets-R&B masterpieces, 1980's "Dirty Mind" — was not new, by any means. But it was so far ahead of its time that it could still shock a youth growing up in 1990s suburbia.

Even compared with other boundary-pushing musicians like David Bowie, Jimi Hendrix, Sly Stone or, later, Kurt Cobain (who wore eyeliner and dresses on stage), Prince's provocations, his look, existed on a different plane: He blended punk's attitude with glam rock's fabulosity and funk's psychedelic sleaze.

And despite his femme get-ups, breathy falsetto and lithe 5'2" frame, he was unabashedly masculine, flaunting his virility with his dark body hair and his resplendent coif.

Prince — arguably the greatest musician who has ever lived (he could play 20 instruments by the age of 12) — died Thursday at the age of 57, leaving behind a legacy of music and film that is unparalleled in the pop world: "Purple Rain," "Little Red Corvette," "1999," "Kiss." But he also left thousands of iconic, fabulous fashion images that changed the notion of what a pop star, what a man, what a person could look and dress like.

That playing with gender was evident from the beginning. Take his self-titled second album from 1979. There's Prince, naked, with a porno-chic mustache and soft Farrah Fawcett waves, riding a pegasus on the back of the album cover. When the Rolling Stones took a young Prince on tour in 1980, the 20-year-old wunderkind showed up on stage in bikini briefs, thigh-high stockings and high heels, prompting boos and homophobic taunts from the square, baby-boomer crowd.

Yet the larger culture began to, if not catch up, at least chase after Prince.

He proved, for one, that you could wear whatever the hell you wanted, revel in your femininity and still get the girl — all the girls, in fact.

Prince left thousands of iconic, fabulous fashion images that changed the notion of what a pop star, what a man, what a person could look and dress like.

Prince oozed sex on screen, whether astride his hulking purple motorcycle in "Purple Rain" or simulating oral sex with a guitar during one of the film's concert scenes.

His frank sexuality, his magnetic beauty gave others permission to dress as weird and funky as they wanted, from Madonna and Cindy Lauper to Outkast's dandyish Andre 3000 and even teen heartthrob Justin Bieber, who wore a vaguely Prince-like dragon-embroidered Givenchy jacket to the Met Ball last year.

Prince may have opted for more modest garments during his middle age, but he never skimped on fabulosity. And he remained resolutely political in his dress, showing up in recent years in an afro and speaking out for the Black Lives Matter movement in such famously anodyne events like the Grammys, for instance. He began donning sunglasses with a third-eye, furthering his image as an otherworldly being. Fashion brands like Givenchy and J.W. Anderson have redefined menswear with a Prince-like disregard for gender conformity, adding ruffled blouses, skirts and paisley-printed suits to their lineups.

Though despite his lasting influence, it's hard to imagine anyone existing quite like him. He was a pioneer, inspiring generations of kids to experiment with gender, sexuality and self-expression.

As famously bisexual rapper Frank Ocean said in a tribute to the Purple One: "He made me feel comfortable with how I identify sexually simply by his display of freedom from and irreverence for the archaic idea of gender conformity."

Prince made the world a more colorful, sexier, more diverse and exciting place to live in. And he did that not just through his glorious music, but through his style.

Prince inspired generations to question traditional ideas of gender. GETTY IMAGES

Spa Week
It's spa month at Spa Jolie
coolsculpting
FREEZE OFF YOUR FAT • NO EXERCISE • NO DIET
RESULTS WITHIN 3 WEEKS GUARANTEED
On Sale $562.50

$50 SPA WEEK SPECIALS
- Slimming body wrap, includes a spa pedicure
- Deep pore facial with manicure
- Microdermabrasion with mini facial
- Teeth whitening
- Oxygeneo treatment.. revitalize & refresh skin
- Cavi-lipo.. fat reduction treatment
- Zerona.. Inch loss treatment

spa Jolie
Laser, Slimming & Anti Aging Spa
180 7th Ave South,
btwn W 11th Street & Perry Street
212 229 1389
Servicing NYC 22 years!

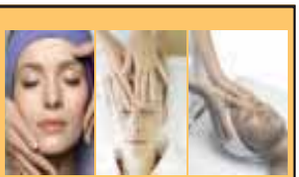
Laser Hair Removal
$50 Specials
underarms, face, 1/2 arms, neck, 1/2 legs or bikini
We have lasers for all skin types
• Permanent hair removal
• For all skin types

$20 specials
• Manicure & Pedicure
• Waxing: Brazilian, back, chest Full leg or full arms

Clear & Brilliant:
Anti aging treatments. Reverse signs of aging - $150

We will beat
All competitors coupons by 10%
Open 7 days a week
Expires May 1, 2016
Free Consultation

ESSENTIAL Skin Care
www.essential-skin.com
Specializing in Problem Skin
Licensed Professionals
Introductory Offers!



Free consultations

Treat yourself to the gift of beautiful skin; We offer results, not promises!
"Body Massage + Facial $99 • Eyebrow / Eyeliner Tinting $25 • Ear Candeling $50"

Diamond Microdermabrasion Only $50
for acne scars, sun damage skin, fine lines, wrinkles, discoloration, blackheads.

Botinal Wrinkle Treatment Reg $160 $125
formulated with "Botox® - Like" effect without injection. Effectively reduces the appearance of wrinkles and crow's feet after only one treatment.

Acne Treatment w/Glycolic Acid Peel Only $45
For oily and blemish skin with excessive blackheads/ whiteheads, acne scars and discoloration.

Back/Chest Deep Pore Cleansing $75/$35

Deep Cleansing Facial Reg $75 $40
Deep cleans and refreshes all skin types.

Brightening Peel Reg $125 $75
An antioxidant peel that helps to brighten and lighten discolored skin with highly concentrated L-Vitamin C and L-Retinol. All skin types.

Body Slimming Wrap or Salt Glow Special $50
Sea salt scrub to exfoliate and polish or herbal slimming wrap to move toxins and promote inch loss.

Back/Chest Glycolic Peel Only $55/$30

247 E. 50th St. 2 Fl NYC • Trains: E M 6 to Lexington Ave., 4 5 6 N R Q to 59th Street, Tel: 212-588-8866/212-253-9693

Finding a flock

The Wild Feathers discuss their biggest fans: mom and dad.

LINDA LABAN
@MetroNewYork
letters@metro.us

Catch the Wild Feathers on "Late Night with Seth Meyers" on April 27 on NBC. FRANK MADDOCKS

Ever since he was a kid, Ricky Young wanted a life in rock 'n' roll. His band, the Wild Feathers, just released a second album for Warner Bros. Records, "Lonely Is A Lifetime," but with their 2013 self-titled debut, the band already notched up tours with Bob Dylan and Willie Nelson, and played Outside Lands and Bonnaroo. So, you could say he's got one.

"I don't know how to put it into words," Young says from a tour stop in Chicago. "Before we knew it, we were touring with Dylan and opening for Willie Nelson. It's hard to wrap my head around everything that's happened. It's surreal."

The way he puts it, one minute they were hanging out and jamming and the next they had a record deal.

"We began flying out to L.A. a lot and cutting demos, and then we were signed. It all happened really fast and I'm sure there are more details to it, but that's the way I remember it."

Indeed, there's the part in-between being a kid with dreams and being signed to a major label. The 34-year-old spent his 20s working casual jobs. "I worked in restaurant and bars — any place that would allow me to spend as much time as possible doing music," explains the Houston native, who has lived in Nashville for 11 years.

Now, "Lonely Is A Lifetime" has critical kudos for a classic American pop sound fueled by powerhouse vocal harmonies and keen melodic hooks. The band even has its own group of super fans who rally at shows. "All our parents get together and drive to shows. It's like one big crazy family," says Young.

The singer almost sounds blase when he talks about an April "Late Night with Seth Myers" appearance, but the band already played everything from Kimmel to Conan. "We've done every late night show at least once and some twice," explains Young, who adds the shock of fame is nearly worn off on the band's families, as well.

"They were super excited the first few times they saw us on TV. Now they're getting kind of used to it."

If you go

April 28 at 8 p.m.
The Bowery Ballroom
6 Delancy St.
Sold Out,
boweryballroom.com

RED HOOK ON THE ROAD
TRAINING CDL DRIVERS SINCE 1995
FREE CDL TRAINING
4 week CDL Training for Unemployed job seekers.
Job placement assistance. Be 21 + yrs and have a
NYS License for 2 yrs with no Suspensions in last 2 yrs
NO MORE THAN 4 pts or 2 Convictions. No DUI/DWI.
Must pass drug test & be available for F/T training
8 am – 4:30 pm, M-F Women encouraged to apply
(718) 237-4846

Manhattan Center For Plastic Surgery
Reshape your body & improve your Social Life
Brazilian Butt Lift, Breast Augmentation & All other Cosmetic Procedures!
Call For a Free Consultation
212.308.4990
144 E. 44th ST. 2nd Floor
New York, NY 10017
www.MedSpa44.com

Don't Let Menopause Ruin Your Sex Life
212.308.4066
FREE CONSULTATION
FDA Approved for Vaginal Dryness
Thousands of Women successfully treated
MonaLisa Touch™
Call Today for your FREE Private Consultation
Make painful sex a thing of the past
Manhattan Center For Vaginal Surgery
144 E. 44th ST. 2nd Floor NY, NY 10017
www.ManhattanCenterForVaginalSurgery.com
Dr.Ronald D. Blatt M.D. F.A.C.O.G.
Affiliated with Lenox Hill Hospital

Sarita Choudhury will always find a way to fit in

The actress finds the new Tom Hanks movie "A Hologram for the King" quietly subversive.

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

GETTY IMAGES

In "A Hologram for the King," Sarita Choudhury plays a doctor in Saudi Arabia who gradually falls for a lonely, visiting American salesman (Tom Hanks). ROADSIDE ATTRACTIONS

Sarita Choudhury thinks she's bad news. The actress lives in Williamsburg, which is now so wealthy the artistic types who made it a hot spot can no longer afford it.

"Everywhere I've lived, all through my life, has become gentrified," Choudhury tells us. "So I feel like I'm the cause. I'm like, 'Here we go again!' You always go where you think is artistic and cool. But that just means it was once a haven."

As it happens, Choudhury is here to talk "A Hologram for the King," which concerns a form of gentrification on the other side of the world. Based on Dave Eggers' 2012 novel, it stars Tom Hanks as an American salesman who heads to Saudi Arabia to sell a new gizmo to the nation's king, who is trying to turn a patch of desert into a thriving, modern, moneyed metropolis. Choudhury plays a doctor in the nearby city of Jeddah who treats Hanks' character. Eventually they begin a hesitant romance.

"A Hologram for the King" may sound like a broad comedy about an American abroad, but it's subtly — and not so subtly — progressive and more about him being consumed by another culture. Alone in America, he increasingly finds real connections in Saudi Arabia.

"America is where you go for your dreams. He's leaving that and going to a country the world thinks has things like oppression and customs that are more severe," she explains. "He goes there and finds freedom and love and himself. It inverts our perceptions. It's more about finding where you're happy regardless of where you think your ambitions and dreams should lie."

Even using Tom Hanks is, she finds, subversive. "We think of him as the American superstar. And yet to have him fall into a friendship with his [Saudi] driver and have a love story with his doctor — he's an everyman that people can identify with and think, 'This can happen to you. You can actually have connections with another culture.'"

She argues it might not have worked without someone of his stature. "If you pick an unknown actor it becomes an independent, edgy movie, and it doesn't give the average viewer access to that," she points out. "It's a clever, subtle way to do that."

Looking back

Choudhury has been very visible of late, having appeared on "Homeland" and, now, "Blindspot," as well as the last two "Hunger Games" films. But the actress, 49, is perhaps most famous for playing the co-lead in Mira Nair's cross-cultural 1991 romance "Mississippi Masala," in which she shocked her Indian family by rolling around with Denzel Washington. Choudhury has talked about finding it difficult to land work after the film; she was still waiting tables as it was playing the Angelika Film Center. Hollywood wasn't sure what to do with her.

"They'd say, 'You're not Mexican, you're not this.' They didn't know where to place me. But I never felt confused," she said. She's always felt comfortable with herself, even if Hollywood was perplexed. Even when she's not working she's fine with that, too.

"I'm just happy to be reading and biking around. My whole life is geared towards dancing and going to the theater or traveling to India. If I get the opportunity to act, it's such a joy to put everything towards something," Choudhury tells us. "But when I'm not working, I get addicted to not working. That's why it's hard to be an actor: not the lack of work but what to do with your downtime."

$1 ZOOM!
Laser Teeth Whitening
(w/Check-up and Cleaning*)
*covered by your PPO Dental Plan
DR. STEVE
Up to 12 Shades Whiter in just 1 hour
Call (212) 537-6923
Open Weekends and Evenings
ZOOM!
30 East 40th St. #105
1 block from Grand Central Station
Ph (212) 537-6923 • www.Zoomfor1.com

REGAIN YOUR CONFIDENCE AT LEXINGTON PLASTIC SURGEONS
YOUTHFUL Look LASTING Results
• Upper/Lower Eyelid Surgery
• Facelift
• Necklift
• Browlift
• Rhinoplasty
• Hair Transplant
• Hairline Lowering
• Eyebrow Transplant
• Facial Hair Transplant
• Follicular Unit Extractions
Visit Dr. Kevin Ende, MD
OVER 3,000 facelifts performed
WWW.LEXINGTONPLASTICSURGEONS.COM | (855) 658-4026

Melissa Broder's new book is a collection of personal essays about her depression and negative thoughts. LORD BYRON

wellbeing

MAKE HEALTHY YOUR NEW HAPPY

@SoSadToday starts an important conversation about depression

Instead of hiding her depression away, Melissa Broder started tweeting about it.

CHRIS LEO PALERMINO
@indiecalp
letters@metro.us

In the middle of a particularly difficult depressive episode, Melissa Broder tried out an unusual type of therapy: creating an anonymous Twitter account called @sosadtoday to disclose her dark inner thoughts to the world.

"@Sosadtoday is lifting me up so much," explains Broder, "and revealing one of those parts of myself that I felt like I just couldn't … be honest about in waking light."

Broder uses the outlet, which has grown to amass a Twitter following of more than 300,000, to air her anxious and depressive deliberations on self-worth, relationships and addiction. "When something happens to me in the world, it makes me feel like crap, but then I tweet about it and then I'm actually feeling good about this," says Broder. "I've reframed it in a way that I can feel good about."

After revealing her identity last spring, Broder has released a book of essays called simply "So Sad Today: Personal Essays," which elaborates on her negative thoughts. With chapters called "Keep Your Friends Close But Your Anxiety Closer" and "How to Never Be Enough," the book is a biting, deeply personal look into Broder's inner mind.

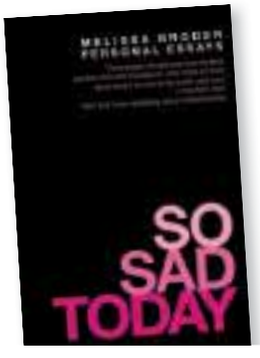
Opening up about depression on social media

Broder was only able to become so candid online because she started @sosadtoday as an anonymous account. She believes expressing disconcerting thoughts online — even anonymously — can be calming. "If you have things you feel like you need to say … don't let that fear stop you," she says.

Being yourself on social media is key, according to Broder. "I tweet the way that I wish Twitter would be. Be the tweet you wish to see in the world."

Power of creativity

Broder shies away from giving advice, but she does stress that finding your creative outlet — whatever that may be — is helpful in finding some peace. "If you have a creative bone in your body, use it. Creativity has always saved my life, you know. The power to create makes life mean something."



Are your child's immunizations up to date?

Shots or Spots?

FIDELIS CARE®

Call your child's doctor today!

Fidelis Care is working to keep our members and the community healthy.

Measles and Chickenpox are just two of the diseases that you can prevent by having your child immunized.

Children under the age of 2 don't have all the defenses they need to fight off infection. Immunizations (shots) protect them from dangerous childhood diseases like:

- Whooping Cough
- Polio
- Hepatitis
- Rotavirus
- Mumps
- Diphtheria
- Flu
- Measles
- Chickenpox
- Tetanus

and more...

Child Health Plus
New York State's Health Plan for Kids

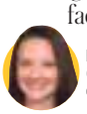
Is Your Child Covered? Fidelis Care offers New York State sponsored free or low-cost health insurance coverage for children under 19 through the Child Health Plus program.

1-888-FIDELIS
(1-888-343-3547) | TTY: 1-800-421-1220
fideliscare.org

To learn more about applying for health insurance including Child Health Plus and Medicaid through NY State of Health, the Official Health Plan Marketplace, visit www.nystateofhealth.ny.gov or call 1-855-355-5777.

Everything you need to know about probiotics

Should you be popping probiotic pills or is diet alone enough? Get all the facts here.



EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

As far as health trends go, probiotics are the new green juice. Every day there seems to be new headlines about how this "good bacteria" is responsible for everything from keeping your digestive track running properly to fighting liver cancer. So what's really behind this $46 billion industry? Get all the facts here.

When considering an over-the-counter probiotic, make sure it has an enteric coating that will work as a barrier from probiotic-killing stomach acid. ISTOCK

What probiotics are

Probiotics are live bacteria in your gut. Their primary job is to help digest food and keep your intestine functioning properly.

Is diet enough?

Foods like yogurt, fermented cabbage — like sauerkraut and kimchi — and raw cheeses are high in probiotics, but some studies have found that the vast majority of the live bacteria in these foods can't survive the acidity in the stomach to make it to the small and large intestines.

Manhattan Gastroenterology's Dr. Kathlynn Caguiat tells us that if you are experiencing any reoccurring digestive issues such as bloating, constipation or diarrhea, taking a probiotic in pill form is worth a shot. "There are a lot of studies on probiotics and some say they are very helpful while some say there is no good evidence that they are helpful. But there is no evidence that I have come across that says they're harmful," she says. "I always tell my patients, if they are taking probiotics and it's helping them, then continue to take them. But if they aren't helping, don't waste your money."

How to know which pills are effective

Not all probiotics OTCs are created equal. Instead of just buying the cheapest one or first one you see, do your research. Just like foods containing probiotics, some of the probiotic OTCs can't survive stomach acid. So make sure the pills have an enteric coating that will work as a barrier.

Get ready, things are about to get scientific: When researching supplements, make sure it includes these two probiotic strands: L. acidophilus and B. bifidum. L. acidophilus helps the nutrients you eat get absorbed properly and B. bifidum helps digest dairy products, which many people have trouble digesting on their own.

Too much to remember? We did the hard search for you and found that the brands proven by science to the most effective are Thrive, Florastor and Culturelle Probiotics.

There does seem to be something to the probiotic hype, especially if you experience frequent digestive issues such as bloating, constipation and diarrhea. The most important thing is to be an educated consumer, making sure the probiotics you consume live long enough to do you some good.

Dr WW Medspa

Founded by **Huachen Wei**, M.D., Ph.D.
Board Certified Dermatologist &
Dr. Yan Wang, M.D., M.S.

Mothers Day Promo

Medical Grade Chemical Peel
Buy One Get One Free $175
Exp. 05/14/16

BEFORE AFTER

Bellafill 5 year FDA Approved Dermal Filler $899

Before After

Laser Center
- 4D Non-Invasive Face Lift
- Skin Tightening
- Laser Snoring Treatment
- Dark Spot Removal
- Acne Scar Treatment
- PRP Therapy

Laser Protocol For Best Results!

Coupon
75 Minute Hydrodermabrasion Facial $50 (Value $110).
Exp. 05/14/16

Free Consultation ($100 Value)

Call for appointments now! 718-457-0707

Queens: 85-16 Queens Blvd, Elmhurst, NY 11373
Manhattan: 139 Centre St, #224, NY 10013
We accept credit cards and Care Credit

www.drwwmedspa.com

Hip Arthritis Pain? Can Newest Medical Treatments Help Avoid Surgery?

If you suffer with painful hip arthritis and want medical options to surgery – science may have finally found the possible solution you've been looking for.

Here is why: Arthritis develops from failure of internal cells of the joint to produce Synovial Fluid which cushions the joint. Then, wear-and-tear over time can cause the joint to "dry out" and grind down the protective cartilage leading to pain, inflammation and immobility. Let it go too long and your only option may be complete surgical replacement of the hip.

But...researchers and doctors have discovered all-natural gel like medicines that are like "joint oil" and can be used to supplement the joint which is drying out... much like adding oil to an automobile. This all-natural gel is quite similar to the naturally occurring lubricating substances in the hip joint. When doctors precisely place this lubricating gel into your hip joint – always with the use of a advanced medical imaging - it is like putting oil on a rusty door hinge. It cushions the joint and can decrease pain and promote healing. This is not cortisone and has no side effects. For some, results can be dramatic and last for months - if not longer. *The earlier you treat the hip, the better chance it can help you.*

Know this: This is NOT a supplement you can buy over the counter or on the internet. This is a REAL medical treatment that must be given by a health care professional with advanced medical technology only.

And the great news is: You can find out if you are a candidate for this advanced medical procedure with our No-Obligation Risk-Free Hip Pain Screening at Downtown NYC Medical. To find out more and schedule your free screening appointment, simply call 800-879-7343

Jets on the clock in our 2016 mock

Metro projects Gang Green's first three picks in the 2016 NFL Draft, which begins Thursday.

TONY WILLIAMS
@TBone8
sports@metro.us

Georgia linebacker Leonard Floyd, right, should be on the board when the Jets pick at No. 20 overall Thursday night. GETTY IMAGES

However the Ryan Fitzpatrick drama shakes out, Gang Green still has many other holes to fill. And with not much salary cap relief, the draft is the way for general manager Mike Maccagnan to replenish the roster.

It seems as if every other year that the Jets are in need of a franchise signal caller. But at No. 20, there may not be a quarterback worthy of that status. If the draft board shakes out the way many pundits predict, the Jets could have a plethora of pass rushers available for them — and that, not quarterback, is the team's primary need.

Naturally, the draft rarely plays out the way people expect, but here's a look at the potential matches for a Jets team that is on the cusp of playoff contention.

Round 1 (20 overall): Leonard Floyd, OLB, Georgia

It's safe to say the Jets haven't had a true pass-rushing menace since John Abraham was dominating — but that was a decade ago. Floyd is 6-foot-4, 235 pounds and runs a 4.55 40-yard dash. Despite his streamlined build, Floyd will be one of the best remaining pass rushers on the board, and can easily add a little more mass to his frame and successfully play the strong side.

Round 2 (51 overall): Le'Raven Clark, OT, Texas Tech

The Jets added former Pro Bowl, but oft-injured, left tackle Ryan Clady via a trade with the Denver Broncos, but there's still room to add depth along the offensive line. The Clady trade was necessitated due to the retirement of D'Brickashaw Ferguson. Clark, at 6-foot-5, 320 pounds, is a mountain of a man who is durable (he started 51-straight games) and accomplished (All-Big 12 honors and second-team All-America). He spent his last three seasons at left tackle following a freshman season that was spent at right guard. Many scouts think he can slide inside and be the hammer the Jets need as they try and beat opponents into submission with its revamped power running game. He's pro-ready and tenacious — just what the Jets need.

Round 3 (83 overall): KeiVarae Russell, CB, Notre Dame

No more Antonio Cromartie opposite Darrelle Revis, meaning the Jets have the likes of Buster Skrine and Dee Milliner to contest for that vacancy. Russell, though, would be a nice addition to the camp battle, as the 5-foot-11, 190-pounder possesses 4.44 speed in the 40-yard dash and is very good at press coverage despite his slight build. Russell missed the 2014 season for the Irish due to a suspension for academic improprieties, but came back strong, last season, when he tallied 60 tackles, two picks and four passes defended. He'd be a good find at No. 83 overall.

The Future of Foot Surgery has arrived at Downtown Podiatry Services

Don't hide them... WE CAN HELP!
Specializing in Surgery and Aesthetics of the Foot.

1-877-BUNION-1
1-877-286-4661

DOWNTOWN PODIATRY SERVICES

Cutting Edge Means Less Cutting

MINIMALLY INVASIVE
Bunion & Hammertoe Surgery
We have performed thousands of these procedures with state of the art technology

All Photos of Actual Patients

HAMMERTOE CORRECTION

www.downtownpodiatry.com
www.nymidtownpodiatry.com
DOWNTOWN • 111 John Street., Suite 1450 • 212-791-5700
MIDTOWN • 315 Madison Ave., Suite. 513 • 212-867-2500
Howard Beach Podiatry PC • 159-05 92 St., Howard Beach • 718-845-0741

MOST INSURANCE PLANS ACCEPTED

FREE CONSULTATION WITH THIS AD

Xincon
Home Health Care

is seeking an experienced English & Spanish HHA/PCA to be part of our team.

What we're offering:

- Benefits including metro card
- Van Shuttle service to and from cases
- HHA/PCA Day/Evening 12 Hour, 24 hours & Weekend Cases
- Competitive wages
- Much more. . .

We have CDPAP program, that means you can also be the PA and work for your relatives and friends!

Come to our Open House for more information
Mon-Fri from 10am-4pm!

224 west 35th Street between 7th & 8th Ave
7th Floor Room# 708 (Near Macy's)
or call us for more info @
212-560-9218 extensions 2011 & 2017

solutions for **every** business
print • outdoor • online

to advertise, contact (212) 457-7735 or advertising@metro.us

metro media media.metro.us

MLB power rankings | by Ryan Hannable

No. 1

Cubs (14-5)

Even though the Cubs have played only 19 games, they have a plus-68 run differential, which is absurd at this point in the year. Their offense has been well documented, but Jake Arrieta continues to prove he's one of the best pitchers in the game, highlighted by his no-hitter this week.

No. 2

Nationals (14-4)

Partly due because of its 8-1 record at home, Washington is at the top of the NL East. It has a plus-34 run differential, which is highlighted by allowing just an average of 2.5 runs per game — the best in baseball.

No. 3

White Sox (13-6)

The White Sox may be one of the biggest surprises in baseball this season as they are at the top of the AL Central. Mat Latos has been a huge boost to the rotation as he is 4-0 with a 0.74 ERA, the second-best mark in the AL.

No. 4

Royals (12-6)

An 8-3 record at home has been a major key for the Royals so far this season. Kansas City is known for its pitching and that is the case again this year with Edinson Volquez's 1.46 ERA, the fifth-best in the American League.

No. 5

Dodgers (12-7)

The Dodgers have won seven of their last 10 to jump to the top of the NL West standings. The biggest story with them this year has been the performance of first-year pitcher Kenta Maeda and his 0.36 ERA, the best in the NL.

No. 6

Orioles (11-6)

Baltimore is 7-1 at home, but 4-5 on the road, which will obviously need to change if the Orioles want to stay on top of the AL East. Mark Trumbo is leading the charge on offense hitting .373 with 16 RBIs – second in the AL in both.

No. 7

Mets (10-7)

The Mets have won five of their last six to move up the standings in the East. One of their biggest bright spots so far this season has been Neil Walker and his seven home runs, which are tied for fourth in the NL.

No. 8

Cardinals (10-8)

After a rough start, St. Louis has begun to play like everyone has expected it to. Once again it will be a battle for them all year as the NL Central is arguably the best division in the league.

No. 9

Indians (9-7)

The Indians have won three games in a row and are starting to get into the flow of things. They will go as far as their rotation takes them led by Corey Kluber and Carlos Carrasco, although Carrasco was injured Sunday.

No. 22

Yankees (7-10)

It's been a poor start for the Yankees, especially their pitching, as they have now lost seven of their last 10 games. A lot was expected of Michael Pineda to start the year, but he's struggled and A-Rod is battling an injury.

CALL NOW & SAVE UP TO 84% ON YOUR NEXT PRESCRIPTION

Drug Name	Qty (pills)	Price*	Drug Name	Qty (pills)	Price*
Viagra 100mg	16	$104.99	Pentasa 500mg	100	$114.99
Viagra 50mg	16	$84.99	Avodart 0.5mg	90	$104.99
Cialis 20mg	16	$104.99	Pradaxa 150mg	180	$464.99
Cialis 5mg	90	$134.99	Vagifem 10mcg	24	$99.99
Levitra 20mg	30	$114.99	Xarelto 20mg	84	$449.99
Spiriva 18mcg	90	$174.99	Asacol 800mg	300	$234.99
Celebrex 200mg	90	$109.99	Tricor 145mg	90	$124.99
Advair 250/50mcg	180 ds	$189.99	Colchicine 0.6mg	100	$94.99
Zetia 10mg	100	$114.99	Abilify 5mg	100	$144.99
Crestor 20mg	100	$159.99	Singulair 10mg	84	$33.99
Combivent 18/103mcg	600 ds	$124.99	Plavix 75mg	90	$26.99
Symbicort 160/4.5ug	360 ds	$199.99	Premarin 0.625mg	84	$79.99
Cymbalta 60mg	90	$49.99	Pristiq 50mg	100	$139.99
Namenda 10mg	84	$104.99	Janumet 50/1000mg	112	$239.99
Nexium 40mg	90	$114.99	Protonix 40mg	84	$29.99
Diovan 160mg	100	$72.99	Synthroid 100mcg	90	$44.99
Aggrenox 200/25mg	200	$124.99	Onglyza 5mg	84	$294.99
Entocort 3mg	100	$114.99	Aciphex 20mg	100	$74.99
Propecia 1mg	100	$69.99			
Januvia 100mg	84	$214.99			
Ventolin 90mcg	600 ds	$64.99			

All pricing in U.S dollars and subject to change without notice. *We accept Amex, Electronic Checking, Personal Check or Money Order.* *Prices shown are for the equivalent generic drug if available.*

Call Now & Save

TotalCareMart.com
Savings made easy
1-800-267-2688
www.TotalCareMart.com

Mailing Address: ORDER PROCESSING CENTER, PO BOX 121 STN L, WINNIPEG, MANITOBA, R3H 0Z4, CANADA
CODE AK50

Isles preparing to strike Lightning

The Islanders and Lightning last faced off in the playoffs in 2004 — the year Tampa won its last Stanley Cup. New York won its first playoff series last weekend since 1993. The two meet in the second round later this week with the Isles leading the regular-season series, 2-1. Dates and times for the series will be announced. GETTY IMAGES

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

ACUPUNCTURE STUDY FOR IBS

Do you have Irritable Bowel Syndrome (IBS)?

You may be eligible for a research study aimed at reducing symptoms associated with IBS using Acupuncture. Qualified participants will receive up to $330.

To be eligible you must:

- have diagnosis of IBS.
- be experiencing symptoms related to your IBS.
- be 18 to 70 years of age.

NEW YORK UNIVERSITY

For more information call:
NYU: Special Studies in Symptom Management
212-365-0346

LEGAL SERVICES

To advertise, call Thomas Franke at 212-457-7840 or email thomas.franke@metro.us

BANKRUPTCY ATTORNEY

Bankruptcy Only • Specializing in Chapter 7 • Low Fee • One Fee for All Installments • Personal Attention • Free Consultation

Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn

Fresh Start with Heart

Slip and Fall Injury? Resbalones y Caídas?

Call Now: 347-732-3370
FREE CONSULTATION • NO WIN NO FEE
www.Fight4Injury.com • Feiner & Lavy, P.C. Attorneys at law
325 Broadway, Suite #401, NY NY 10007
Español עברית العربية Attorney advertisement

ABSOLUTE DIVORCE

Hablamos Español
80 Broad St., 5th Floor, NY, NY 10004
917-470-9661 | 212-504-2985
www.absolutedivorceinc.com

STARTING AT $249 + court fees
Must bring in ad

FIRED?

212-286-1425

OWED OVERTIME?

LAW OFFICE OF WILLIAM C. RAND
488 Madison Ave., Suite 1100, New York, N.Y. 10022

DIVORCE $199

1-800-414-0333
TheDivorceCenter.com
Spouse's Signature Not Needed
Don't Be Fooled By Imposters
Plus Court Fee - Without Children - With This Ad
EXPIRES 4/30/2016

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

metroCLASSIFIEDS
To place an ad call 866-900-9473

SPA & MASSAGE

To advertise with Metro, email peter.blankenstein@metro.us

JOBS

Education

Diagnostic Medical Sonography • Medical Assistant (RMA)
Pharmacy Tech (PTCB) • Dialysis Technician
Nurse Assistant (CNA) • EKG & Phlebotomy Combo
Patient Care Technician (CPCT)
Medical Billing (CBCS) • Med Off Administration (CMAA)
Pharmacy Technician (PTCB)
CPR (By American Heart Association Valid 2yrs)
Accredited Institute & Lic'd by NYS Ed.

NEW YORK MEDICAL CAREER TRAINING CENTER
500 8th Ave. NY 212.947.4444 Close to Penn Station & Port Authority
36-09 Flushing Main St. 718.460.4340 Corner of Main Street & Northern Blvd
WWW.NYMEDTRAINING.COM

General Help Wanted

SIGHTSEEING BUS TICKET AGENTS
Start today! Paid daily
Choose Hours up to 35% comm
2 East 42nd Street
212-664-0300

Bus Driver
Exp'd w/class A or class B drivers lic.
Bfts. Paid training 212-664-0300
Jennifer or visit 2 E 42nd St NY NY (off of 5th Avenue)

NYC Tour Guides Wanted
PT/FT will train for NYC lic
Open House 10AM every Wednesday
2 East 42nd St NY NY
Call 212-664-0300

TELMKTRS F/T EXP ONLY!
MADE YOU LOOK!!!
Now All You Have To Do is Call Salary + Comm. + Bonus = $8-$12/Hr.
David (212) 563-7500

New season / New contracts
No exp nec / Will train.
No hsd required
Up to $18hr.
Call 844-202-8950

Attendant / Front Desk
No exp nec / Must be 18+
No HSD / GED Required
Pay up to $19.50
Call #347-791-5543

metroCLASSIFIEDS

LEGAL NOTICES

NOTICE OF FORMATION of Brownrock Ventures Inc. Articles of Org. filed with the Secy. of State of New York (SSNY) on 03/29/2016. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 610 Riverside Drive, Apt. #47, New York, NY 10031. Purpose: Real Estate.

NOTICE IS HEREBY GIVEN that a license, Number 1293713, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 41-42 Main Street, Flushing, NY 11355, for on-premises consumption. Changle Cuisine Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1293656, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 7718 5th Ave., Brooklyn, NY 11209, for on-premises consumption. Tokyo Sushi Restaurant 7718 Inc.

NOTICE IS HEREBY GIVEN that a license, Number TBA, for Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 45 West 8th Street, New York, NY 10014, for on-premises consumption. 9th Avenue NYC LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1291685, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 151 Atlantic Ave., Brooklyn, NY 11201, for on premises consumption. 151 Atlantic LLC.

REAL ESTATE

Rooms for Rent

Manhattan & Bronx Rooms

Private rooms in apt. Fully equipped. Start 150 wifi/cable included.
Move same day! • (212) 862-0030

All Manhattan/Bronx

Furnished Rooms For Rent! Cable/Internet Ready! Move In Today! All utilities Inc. Starting Just $125/wk.
Call Us Now: (212)368-2685

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person $125wk/up room rentals
Studios $900/up
212-697-3598

CAREER TRAINING

ACCESS INSTITUTE

JOBS
We Train & Place!
Call: 718-263-0750

- PCT • HHA • CNA
- MED Billing/Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech
- Fashion Designing
- Media
- Solar Tech
- SAP

US Vets Call Now

STUDENTS VISAS @ LOW COST
On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

PEST CONTROL SCHOOL & SERVICES
6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION & RECERTIFICATION IN BED BUGS, TERMITES, STRUCTURAL, FOOD PROCESSING & LANDSCAPING
BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS
1(800) 220-5494 or (718) 205-0557
pestcontrolschoolny.com | pestmanagementsciences@yahoo.com
Call or Text #917.653.0319

Are You HHA? Upgrade to CNA/PCT
- Nurse Aide (CNA)
- EKG & Phlebotomy
- Patient Care Tech
- Physical Therapy Aide
- Pharmacy Technician
- Med. Billing & Coding
- Medical Assistant
- CPR (BLS)

Onsite State & National Exam
AM & PM Classes
Easy Weekly Payment Plan
Licensed by NYSED
Access Careers
25 Elm Place #201, Brooklyn, NY
866-487-5432

HHA/CNA Training NYSED
Slow learner? Long time out of school? Job Placement Assistance $14.09/per hr
All benefits included
Call #718.349.8003

ITEMS WANTED

CASH FOR DIABETES TEST STRIPS - Up to $35/box! Payment Made SAME-DAY We Receive Your Strips! Call Jenni for a Quote Today! 800-413-3479 www.CashForYourTestStrips.com.

SERVICES

SURGICAL TECHNOLOGIST PREPARATION FOR NATIONAL BOARD CERTIFICATION EXAM
****
TO BE PREPARED CALL
718-676-2551
******
MULTYPREP, INC.
2118 86 street, 2 FL.,
Brooklyn, NY 11214
www.multyprep.com

Cash Paid For Diabetic Test Strips!! Absolute Top Value, most brands accepted. Pay up to $50.00 per box. Call James @ 800-536-4417

Absolute Yes! Cash paid Diabetic Test Strips Unexpired.walk-in M-F, 2-4p, 224 W 116th St (storefront) B,C,2,3 trains #888.415.0796

PSYCHICS

MR. SHEIKH SALEEM
6th Generation of African Medium
I CAN HELP YOU OUT OF DESPAIR – 7 DAY RESULTS
LOVE SPECIALIST • REUNITE LOVERS, EVEN HOPELESS CASES
BUSINESS SUCCESS • RELEASE FROM SPELL
CLEAR NEGATIVITY • STRONG VOODOO • BLACK MAGIC
COURT ISSUES • FAMILY PROBLEMS • DRUGS
CAREERS • EXAMS • GAMBLING • LUCK
PROTECTION • IMPOTENCY/INFERTILITY & MORE.
Call 917-254-6647
www.africanmedium.com

WORLD RENOWNED POWERFUL SPIRITUALIST & HEALER
PANDITH: MADHU
Today is your day to let go of All Negative things
I AM THE KEY TO YOUR SUCCESS
EXPERT IN READING PAST PRESENT * FUTURE
Solves Problem Like Depression, Love, Job, Money, Business, Jealousy, Husband & Wife, Blockage etc.
I WILL REMOVE & DESTROY, BAD LUCK, WITCHCRAFT, OBEAH, JADOO, VOODOO, BLACK MAGIC, PERMANENTLY
RESULTS BETWEEN 3/9 DAYS
929-278-7667
104-12, 115th St, S. Richmond, NY-11419, (Pvt Home/office)

Mr. SAIDOU
International Spiritualist Medium & Psychic Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc. Results in 7 Days Guaranteed.
Call 516-206-8543 and 646-339-9948
www.spiritualsaidou.com

ENTERTAINMENT

PSYCHICS

WORLD FAMOUS ASTROLOGER & SPIRITUALIST
PANDIT: RAMAN SHASTRY
100%
Are you disappointed meeting astrologers & not getting solutions then meet once.

Marriage	Business
Spiritual	Money
Sexual	Family
House	Love
Husband & Wife	Enemy
Job or Work	Jealousy

Worried about loved one
REMOVAL OF BLACK MAGIC OBIYA, VOODU, EVIL SPIRITS
FREE READING MONDAY & SATURDAY
347-341-2541
183-02 Lafferts Blvd. S.Richmond Hill NY 11419 (Private House)

WORLD FAMOUS ASTROLOGER & SPIRITUALIST
PANDIT: VIJENDRA
All Religions are welcome!
100%
PERMANENT PROTECTION
100% GUARANTEED RESULTS

Marriage	Business
Spiritual	Money
Sexual	Family
House	Love
Husband & Wife	Enemy
Job or Work	Jealousy
Lucky Lotto	Property

EXPERT IN: REMOVING BLACK MAGIC EVIL SPIRITS, VOODOO & OBIYA
929-200-2716
110-18 LIBERTY AVE. S. RICHMOND HILL, NY 11419

PSYCHICS

INDIAN ASTROLOGER SPIRITUALIST
SHIVANANDA
718-414-7866
SPECIALIZED IN BRINGING LOVED ONES BACK
EXPERT IN REMOVAL OF Black Magic, Evil Spirits, Bad Curse, Voodoo, Obeah, Bad Luck, Blockage & Gives Unbreakable Protections
Solves Problems: Health, Money, Job Loss, Family, Children, Divorce Negativity, Sexual Etc.
100% GUARANTEED RESULTS
FREE READINGS ON MONDAYS & SATURDAYS
727 FLAT BUSH AVE. BROOKLYN NY 11225 TRAIN Q

WORLD FAMOUS ASTROLOGER
Pandit: RAM DASS GURU JI
36 Years Experience in Astrology 9th Generation from Family
FREE READING SATURDAY & TUESDAY
BEST SOLUTION FOR YOUR BEST FUTURE

Business Problems	Love Problems
Money Problems	Enemy Problems
Family Argument	Jealousy
Childless Couples	Marriage Problems
Lucky Lotto	Spiritual Problem
House Problems	Husband Wife Problems

Worried about loved ones
MEET ME ONCE SEE THE CHANGES
100% RESULT GUARANTEED PRIVATE & CONFIDENTIAL
347-307-5030

WORLD FAMOUS ASTROLOGER & SPIRITUALIST
PANDIT: KRISHNA NANDA
100%
ARE YOU SUFFERING FROM ANY PROBLEMS?

Marriage	Business
Spiritual	Money
Sexual	Family
House	Love
Husband & Wife	Enemy
Job or Work	Jealousy
Finance	Lottery

PROTECTS & BREAKS BLACK MAGIC, EVIL SPIRITS, BAD CURSE VOODOO, OBEAH, BAD LUCK JEALOUSY, BLOCKAGE & ALL EVILS
929-920-6312
120-07 LIBERTY AVE. RICHMOND HILL, NY 11419

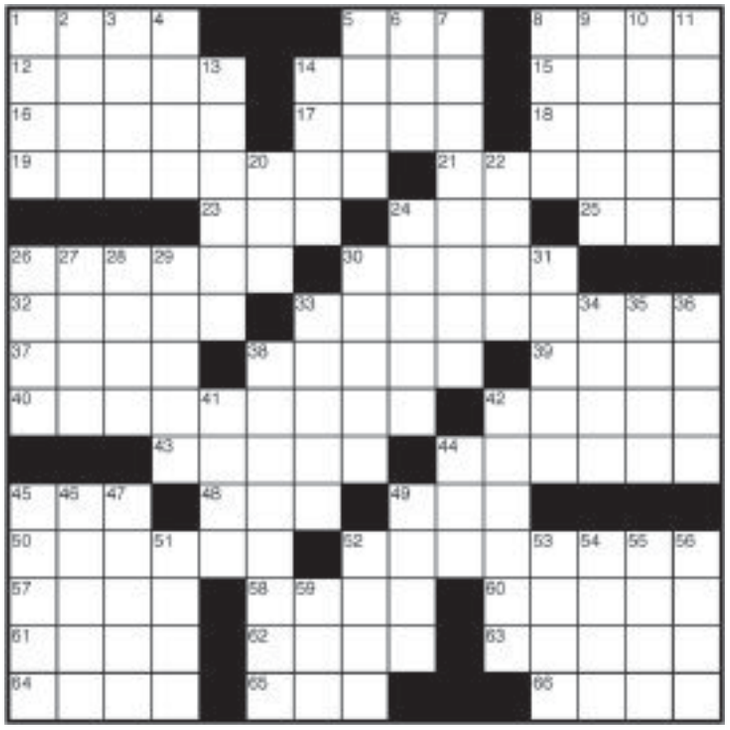
metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

metro CLASSIFIEDS To place an ad call 866-900-9473

metro CLASSIFIEDS To place an ad call 866-900-9473 or visit us at www.metro.us

ENTERTAINMENT

metro.us/crossword



Across

1 Thicken, as cream
5 Sharp bark
8 Legendary ox
12 Calgary Stampede
14 Earl -- Biggers
15 Tiant of baseball
16 Play awards
17 Rajah's consort
18 WWW addresses
19 Plots
21 Group spirit
23 Fix, as an election
24 Part of NATO
25 9-digit no.
26 Down Under denizen
30 Flower goddess
32 Odd notions
33 Light before sunrise (2 wds.)
37 Corker
38 Jim at the Alamo
39 Charter
40 Shell-finder's spot
42 Foreshadowed
43 Flunks
44 They come from Dixie
45 Drop — — line
48 Hosp. workers
49 Spy org.
50 Expose
52 Wallaby or joey
57 Iffy attempt
58 Cousteau's islands
60 Burro alternative
61 Type of eagle
62 "Da" opposite
63 "The — Sanction"
64 Good buy
65 Ike's rank
66 Wallet stuffers

Down

1 Gator's cousin
2 Gray wolf
3 Wednesday's god
4 Young adult
5 Roll-call votes
6 Comic-strip prince
7 Yellow wildflower
8 Fog up
9 Mystiques
10 Folding money
11 German steel center
13 Nile god of resurrection
14 Remnant
20 Strive to win
22 People eater
24 Dragon puppet
26 Leather punches
27 Nah! (hyph.)
28 A really corny place?
29 Little blue toon
30 Acts servile
31— — committee
33 Thwarts
34 Non-soap opera
35 Little chirper
36 Jarrett and Sparks
38 Flashing on and off
41 What the walls have?
42 Darwin's ship
44 ATM code
45 Was in a brown study
46— nous
47 Iowa commune
49 Autograph site
51 Cain's victim
52 Enthusiastic
53 Touched down
54 Go postal
55 Presage
56 Dory need
59 Wood ash product

metro.us/games

metro.us/sudoku

easy

	6	7		1		2		
2	5			9	6			
	1					4		8
			8					
9		5	6		7	8		3
					1			
7		6					3	
			9	6			8	4
		2		7		5	9	

hard

		1	8	7			4	
6			4					9
2					9		6	1
					5	8		
	6	5				4	2	
		9	2					
4	7		1					2
5					2			8
	8			5	7	6		

metro.us/horoscopes

Aries Your quick wit will put you in the spotlight. Strut your stuff and make personal changes that will boost your morale and result in compliments. Romance is encouraged.

Taurus Build alliances and develop open relationships with people heading in the same direction as you. A beneficial idea or service you offer will bring in extra cash.

Gemini You shouldn't let anyone guilt you into something you don't care to do. You'll gain respect if you say no. Don't pay for others' mistakes or make donations you cannot afford.

Cancer Speak up, share your suggestions and offer solutions. Don't worry about the actions of others. If someone is unpredictable, keep your distance. Your intuition will not mislead you.

Leo Socializing with your peers will put you in a good position. Personal changes will build confidence. Someone will be jealous of you. Offering friendship will stump your rivals.

Virgo Use your intelligence and experience to overcome any problems you face at home. An elder or someone you feel responsible for will have difficulty combating common sense.

Libra Partnerships will play a major role in the decisions and choices you make. Short trips or a meeting with someone can make a difference to the outcome of a personal situation.

Scorpio You'll have a different vision from someone you are working with. Try to use what both of you bring to the table to come up with something spectacular.

Sagittarius You'll receive plenty of information, but before you act on hearsay, ask questions and go to the source for the truth. A change of heart will lead to a romantic encounter.

Capricorn It's OK to be different. Follow your gut when it comes to someone acting inconsistently. Pour more time, attention and cash into your home, family and plans for the future.

Aquarius Follow your heart and use your skills and best attributes to get things done your way. Love is in the stars, and a romantic evening will pay off.

Pisces Proceed with caution. Don't give in to someone making demands on your time or money. Consider where you can make the most difference and follow through. **EUGENIA LAST**

Yesterday's answers

Can't wait until tomorrow to check your answers? Visit metro.us

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **sales fax** 212-952-1505 • **Associate Publisher** Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Frank Burgos, frank.burgos@metro.us • **Managing Editor** Joel Millman, joel.millman@metro.us • **National News Editor** Morgan Rousseau, morgan.rousseau@metro.us • **Web Editor** Cristabelle Tumola, cristabelle.tumola@metro.us • **Art Director** Julianne Aerts, julianne.aerts@metro.us • **Features Editor/Style Editor** Tina Chadha, tina.chadha@metro.us • **Film Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Going Out Editor** Eva Kis, eva.kis@metro.us • **Travel Editor** Rachel Vigoda, rachel.vigoda@metro.us • **National Sports Editor** Matt Burke, matt.burke@metro.us

Certified Audit CAC of Circulations

PLAZA COLLEGE

Est. 1916

Celebrating 100 years of student success

SCHOOL OF ALLIED HEALTH

MEDICAL ASSISTING, *A.A.S.*

HEALTH INFORMATION TECHNOLOGY, *A.A.S.*

PATIENT INFORMATION MANAGEMENT, *B.B.A.*

TRANSFER STUDENTS WELCOME

TAILORED FINANCIAL AID

CAREER PLACEMENT ASSISTANCE

For additional program information, please visit plazacollege.edu/disclosures.

PlazaCollege.edu • **718.509.6395** • 118-33 Queens Blvd., Forest Hills

Spring Semester Begins May 3rd. Call for an Appointment.